

# how to knit an infinity scarf

+9 fashionable  
cowl knitting  
patterns



## ***How to Knit an Infinity Scarf + 9 Fashionable Cowl Knitting Patterns***

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## Letter from the Editors

Dear Knitters,

Cowls and infinity scarves are awesome additions to any outfit. Plus, depending on the weight of the yarn, they can be accessories that you wear all year round. In this eBook, we've collected some of the best and most fashionable knit infinity scarves and cowls just for you. Make any of these great patterns for yourself or for friends' birthdays. After all, it's hard to hate a handmade gift! From bright patterns to more subtle neutrals, you are sure to find an infinity scarf that will suit you.

Infinity scarf patterns and knit cowl patterns are definitely those types of accessories that are sure to never go out of style. *How to Knit an Infinity Scarf + 9 Fashionable Cowl Knitting Patterns* features a great collection of tutorials for knitters of every skill level. With this free eBook, you'll discover how easy it is to make these fun fashion pieces. There's a pattern for everyone; you won't be disappointed.

For more free knitting patterns, videos and tips, visit [www.AllFreeKnitting.com](http://www.AllFreeKnitting.com).

Happy Knitting,

*The Editors of AllFreeKnitting*

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## Neon Stripes Infinity Scarf

By Linda from [Purl Avenue](#)

Looking for the perfect knit infinity scarf pattern for your spring and summer wardrobe? Look no further than the Neon Stripes Infinity Scarf. This cool, breathable pattern offers a bright punch of color for that warm weather vibe. Not only is the Neon Stripes Infinity Scarf a stylish fashion statement, it's also a great pattern for knitters who want to learn how to switch colors while knitting. This pattern is great for those who would like to learn how to knit jogless stripes, as well.



### Materials

- 2 1/2 skeins of Camp Stove
- 1 1/2 skeins of Taffy
- 1/2 skein of Cottage
- US 15 16" circular needles (designer used 32" circulars and the magic loop method)
- Yarn/tapestry needle
- Stitch marker

**Gauge:** 10 sts x 12 rows=4" (10 cm)



## Mesh Lace Cowl

By Linda from [Purl Avenue](#)

This soft and cozy knit cowl pattern is a classic you'll love putting on time after time. The Mesh Lace Cowl is a basic cowl in a pretty silver color. It adds a great texture to whatever you're wearing, and it keeps your neck warm all day long. The Mesh Lace Cowl is a fun knitting project that can be completed in a couple days. Give it as a gift or keep it for yourself!



### Materials

- Color: Silver Heather
- 135 yds (123m) per skein [I used about 1.5 skeins]
- 3 oz (85g) per skein
- US 10 (6mm)
- US 10 (6mm) 24" circular needles
- Stitch marker
- Yarn/tapestry needle

**Gauge:** 15sts x 10 rows = 4" (10cm)

**Pattern:** CO 108 sts. Place stitch marker, join stitches and begin knitting in the round.

### Edging:

**Rnd 1:** \*K1, P1; rep from \* to end of round.

**Rnd 2:** \*P1, K1; rep from \* to end of round.

Repeat Rnds 1-2 one more time.

**Instructions:**

**Rnd 1:** \*k2tog, yo; rep from \* to end of round.

**Rnd2:** knit.

**Rnd 3:** \*yo, k2tog; rep from \* to end of round.

**Rnd 4:** knit.

Repeat Rnds 1-4 until approximately 7" or desired width. Then repeat edging pattern once more. Bind off and weave in all loose ends with yarn needle.

To finish repeat the Edging portion once more.

## Spring Lace Infinity Scarf

By Linda from [Purl Avenue](#)

This chartreuse-colored infinity scarf pattern is a pretty lace option for warm weather accessorizing. The Spring Lace Infinity Scarf features gorgeous lace edging and a simple body interspersed with a few rows of dropped stitches for added interest. The breathable nature of the linen fiber makes this infinity scarf ideal for heat and humidity.



### Materials

- 3 skeins of Shibui Linen yarn  
Color: Apple  
246 yds / 225 m per skein  
1.76 oz/50 g per skein  
100% linen
- US 4 (3.5mm) 32" circular needles (you can use 36" too)
- Stitch marker
- Yarn/tapestry needle

**Gauge:** 28 sts=4"

**Pattern:** CO 360 sts. Place stitch marker and begin to knit in the round. Do not twist stitches.

### Edging:

**Rd 1:** \*k4, k2tog, yo; rep from \* to end of round.

**Rd 2:** \*k3, k2tog, k1, yo; rep from \* to end of round.

**Rd 3:** \*k2, k2tog, k2, yo; rep from \* to end of round.

**Rd 4:** \*k1, k2tog, k3, yo; rep from \* to end of round.

**Rd 5:** \*k2tog, k4, yo; rep from \* to end of round. Remove stitch marker and k1. Replace stitch marker.

Repeat Rounds 1-5 four more times (total of 25 rounds).

## Instructions:

**Rds 1-3:** knit.

**Rd 4:** \*k1, yo; rep from \* to the end of round.

**Rd 5:** \* k1, slide the yo stitch from previous row off the left-hand needle (drop stitch); rep from \* to the end of round.

Rd 6: knit.

**Rd 7:** \*k1, yo; rep from \* to the end of round.

**Rd 8:** \* k1, slide the yo stitch from previous row off the left-hand needle (drop stitch); rep from \* to the end of round.

**Rd 9-10:** knit.

**Rd 11:** \*k1, yo; rep from \* to the end of round.

**Rd 12:** \* k1, slide the yo stitch from previous row off the left-hand needle (drop stitch); rep from \* to the end of round.

**Rd 13-15:** knit.

**Rd 16:** \*k1, yo; rep from \* to the end of round.

**Rd 17:** \* k1, slide the yo stitch from previous row off the left-hand needle (drop stitch); rep from \* to the end of round.

Knit 10 rounds.

**Rd 28:** \*k1, yo; rep from \* to the end of round.

**Rd 29:** \* k1, slide the yo stitch from previous row off the left-hand needle (drop stitch); rep from \* to the end of round.

Knit 10 rounds.

**Rd 40:** \*k1, yo; rep from \* to the end of round.

**Rd 41:** \* k1, slide the yo stitch from previous row off the left-hand needle (drop stitch); rep from \* to the end of round.

**Rd 42-44:** knit.

**Rd 45:** \*k1, yo; rep from \* to the end of round.

**Rd 46:** \* k1, slide the yo stitch from previous row off the left-hand needle (drop stitch); rep from \* to the end of round.

**Rd 47-48:** knit.

**Rd 49:** \*k1, yo; rep from \* to the end of round.

**Rd 50:** \* k1, slide the yo stitch from previous row off the left-hand needle (drop stitch); rep from \* to the end of round.

**Rd 51:** knit.

**Rd 52:** \*k1, yo; rep from \* to the end of round.

**Rd 53:** \* k1, slide the yo stitch from previous row off the left-hand needle (drop stitch); rep from \* to the end of round.

**Rd 54-56:** knit.

Repeat Edging.

Bind off and weave in all loose ends. Blocking is recommended.

## Striped Affair Infinity Scarf

By Linda from [Purl Avenue](#)

Stop the search. This is the only infinity scarf knitting pattern you'll need this season. The Striped Affair Infinity Scarf is a classically constructed, simple beauty you'll love making over and over again in all of your favorite colors. This light and airy scarf is perfect for breezy spring days and cool summer nights. The look and feel of cotton and lace together gives the scarf a charmingly rustic vibe.



### Materials

- 1 skein of Patons Lace Yarn  
Color: Dove Grey  
Approx: 455 m (498 yds)  
85 g (3 oz)  
80% acrylic/10% mohair/ 10% wool
- 1 skein of Lion Brand Cotton Ease Yarn  
Color: Charcoal  
207 yds/188 m per skein  
3.5 oz/100 g per skein  
50% cotton/50% acrylic
- US 8 (5mm) 32" circular needles
- Stitch marker
- Yarn/tapestry needle

**Gauge:** 17 sts x 24 rows=4"

Instructions:

**Note:** CL1 (Color 1) is Lion Brand Cotton Ease Yarn and CL2 (Color 2) is Patons Lace Yarn.

With CL1, CO 240 sts. Place stitch marker and join in the round. Careful not to twist cast on stitches.

Knit one round.

**Section 1:**

Switch to CL2.

Knit one round.

**Rd 1:** \* p1, k1, p2, k1, p1; rep from \* to end of round.

**Rd 2:** repeat Rd 1.

**Rd 3:** \*sl3 wyif, p1, k1, p1; rep from \* to end of round.

**Rd 4:** repeat Rd 3.

**Rd 5:** repeat Rd 1.

**Rd 6:** repeat Rd 1.

**Rd 7:** \*p1, k1, p1, sl3 wyif; rep from \* to end of round.

**Rd 8:** repeat Rd 7.

Repeat Rds 1-8 until you reach round 23 (last completed round should be Rd 6).

**Section 2:**

Switch to CL 1 and knit 4 rounds

Repeat Sections 1 and 2 two more times then repeat Section 1 once more.

With CL1 knit one round and bind off. Weave in loose ends and block.

## Violet Arrow Cowl

By [Gloria Tracy for Red Heart](#)

This gorgeous one skein wonder is a joy to knit as well as wear. The Violet Arrow Cowl features a fun arrow-like pattern that gives this pretty knit cowl an interesting look and texture. Knit with super bulky yarn, this purple beauty is a quick project to complete. Pair it with gold or silver jewelry and a plain top for a fun, laid-back vibe.



### Materials

- RED HEART® Super Saver Chunky®: 1 skein 776 Dark Orchid
- Susan Bates® Knitting Needles: 6.5 mm [US 10.5] circular needle, 24" (61 cm) long
- Stitch marker
- Yarn needle

**Gauge:** 12 sts = 5" (12.5 cm); 16 rows = 4" (10 cm), in Marching Arrows pattern. **Check your gauge.** Use any size needle to obtain the gauge.

### Tips:

1. If your circular needles are new, don't try to use them right out of the package. To uncoil, place them in an oblong cake pan and pour very hot water over them. They will uncoil as if by magic.
2. In order not to twist the stitches when joining, after casting on, lay the needle down on a table with the working yarn to the right. Make sure all the cast on stitches are laying to the inside of the cable.
3. To mark the beginning of the round, place a ring marker on the right hand needle before working the first stitch. Insert the right hand point into the first stitch on the left hand point and work your first stitch.

4. This completely reversible 16 round Marching Arrows pattern may look confusing at first, but don't be intimidated! It's really only 8 rounds: 2 rounds each of 8 instructions. It's also quite rhythmic. The pattern alternates four knit stitches and four purl stitches with a purl and knit or knit and purl between them. The stitches march forward for ten rounds then back up for six. To learn the rhythm of the stitches when starting this pattern, I used this 12 stitch mantra repeat: knit 4, opposite 1, opposite 1, purl 4, opposite 1, opposite 1. You can use my mantra or make up your own. You'll quickly be marching those stitches back and forth and be wearing your fabulous cowl in no time!

**Cowl:**

Cast on 72 sts. Place marker for beginning of round. Prepare to work in rounds, being careful not to twist the stitches.

**Border**

**Round 1:** \*K1, p1; repeat from \* around.

**Round 2:** \*P1, k1; repeat from \* around.

Repeat last 2 rounds once more.

**Begin Marching Arrows Pattern**

**Rounds 1 and 2:** \*K4, p1, k1, p4, k1, p1; repeat from \* around.

**Rounds 3 and 4:** \*K3, p1, k1, p4, k1, p1, k1; repeat from \* around.

**Rounds 5 and 6:** \*K2, p1, k1, p4, k1, p1, k2; repeat from \* around.

**Rounds 7 and 8:** \*K1, p1, k1, p4, k1, p1, k3; repeat from \* around.

**Rounds 9 and 10:** \*P1, k1, p4, k1, p1, k4; repeat from \* around.

**Rounds 11 and 12:** \*K1, p1, k1, p4, k1, p1, k3; repeat from \* around.

**Rounds 13 and 14:** \*K2, p1, k1, p4, k1, p1, k2; repeat from \* around.

**Rounds 15 and 16:** \*K3, p1, k1, p4, k1, p1, k1; repeat from \* around.

**Rounds 17–32:** Repeat Rounds 1–16.

**Rounds 33–42:** Repeat Round 1–10.

**Border**

Round 1: \*K1, p1; repeat from \* around.

Round 2: \*P1, k1; repeat from \* around.

Repeat last 2 rounds once more.

Bind off loosely.

**Finishing:**

Weave in ends.

## Water Lilies Cowl

By Gretchen Tracy from [Balls to the Walls Knits](#)

Partially reversible and featuring an elegant drape, the Water Lilies Cowl is as beautiful as the name suggests. This lovely knit cowl pattern is the perfect finishing touch for an outfit that's missing a certain something. Knit with two different sock yarns, the Water Lilies Cowl is a great pattern for mixing and matching colorways. This piece makes use of the Corn on the Cob Stitch, a fun design that gives this cowl an interesting look and texture.



### Materials

- Crystal Palace Yarns Panda Superwash (51% Bamboo, 39% Superwash Wool, 10% Nylon; 186 yards [172 meters]/50 grams) #2004 Mint Print - 1 skein (color A),
- Berroco Ultra Alpaca Fine (50% Superwash Wool, 20% Super Fine Alpaca, 30% Nylon; 433 yards [400 meters]/100 grams) #12177 Kaffir Mix - one skein (color B)
- One 20" circular needle in size 2
- Tapestry needle
- Stitch marker

**Gauge:** 30 - 31 stitches = 4 inches in stockinette

**Instructions:**

Using your color A yarn, cast on 180 stitches, place marker, and join in round. Next, purl 5 rows for the edging. Then, knit one more row.

**Row 1:** using color B, \* k1, slip 1 with yarn in back (wyib); rep from \*

**Row 2:** using color B, \* p1, slip 1 wyib\*

**Row 3:** using color A, \* slip 1 wyib, k1-tbl \*

**Row 4:** using color A, \* slip 1 wyib, p1 \*

Knit rows 1 - 4 until piece measures roughly 2" from purled edge. Then, we're going to switch to a simple ribbed, striped pattern, as follows:

**Rows 1 & 2:** using color B, \* k2, p2 \*

**Rows 3 & 4:** using color A, \* k2, p2 \*

Knit rows 1 - 4 until ribbed portion of piece measures roughly 4".

Bind off loosely, in pattern. If desired, stitch purled bottom edge in place where it curls naturally.

Tuck in ends and block.

## Daisy Chain Cowl

By Gretchen Tracy from [Balls to the Walls Knits](#)

Full of whimsy and warm weather cheer, the Daisy Chain Cowl is the ultimate spring or summer knit cowl pattern. This pretty pink cowl features a darling lace design (Snowflake Eyelet) that mimics the look of those daisy chain necklaces you used to wear as a kid. The Daisy Chain Cowl has an elegant drape that is sure to hang nicely over dresses and basic t-shirts. Knit one today for yourself or a flower-loving friend.



### Materials

- Schachenmayr Down to Earth Cotton (100% Cotton; 142 yards [130 meters]/50 grams); #35 Pink Peony - two skeins
- One 16" circular needle in size 4
- One 24" circular needle in size 4
- Tapestry needle

**Gauge:** 22 stitches = 4 inches

Instructions:

First, then, using your 16" needle, cast on 127 stitches, place marker, and join in round. Then, knit the following set-up rows:

Set-up Rows 1, 3 & 5: k1, \* p1, k1; rep from \*

Set-up Rows 2, 4 & 6: p1, \* k1, p1 \*

Set-up Row 7: k1, (p1, k1) 31 times, place marker, \* p1, k1 \* until end of round

**Row 1** (and all odd rows): knit until one stitch before marker, yo, k1, slip marker, k2, yo, knit until end of round

**Row 2:** k4, \* ssk, yo, k1, yo, k2tog, k3 \* until you have 4 stitches left before marker, k4, slip marker, k8, \* ssk, yo, k1, yo, k2tog, k3 \*; end k1

**Row 4:** k5, \* yo, slip 2 together knitwise-k1-p2sso, yo, k5 \* until you have 4 stitches left before marker, k4, yo, slip marker, k1, yo, k9, \* yo, slip 2 together knitwise-k1-p2sso, yo, k5 \*

**Row 6:** k4, \* ssk, yo, k1, yo, k2tog, k3 \* until you have 7 stitches left before marker, k7, slip marker, k11, \* ssk, yo, k1, yo, k2tog, k3 \*; end k1

**Row 8:** \* ssk, yo, k1, yo, k2tog, k3 \* until you have 4 stitches left before marker, k4, slip marker, k5, \* k3, ssk, yo, k1, yo, k2tog \*

**Row 10:** k1, \* yo, slip 2 together knitwise-k1-p2sso, yo, k5 \* until you have 4 stitches left before marker, k4, yo, slip marker, k1, yo, k4, \* k5, yo, slip 2 together knitwise-k1-p2sso, yo \*, end k1

**Row 12:** \* ssk, yo, k1, yo, k2tog, k3 \* until you have 7 stitches left before marker, k7, slip marker, k8, \* k3, ssk, yo, k1, yo, k2tog \*

**Knit rows 1 - 12** three times and then knit rows 1 - 6 once more. You will want to switch to your 24" inch needle as soon as you can, also; probably close to the end of your first repeat of these twelve rows.

Once you've completed all three and a half pattern repeats, it's time to knit two rows around, slipping the extra marker when you come to it. And then we'll finish up with the following rows:

**Row 1:** \* k1, p1 \* until you're one stitch before marker, kfb, slip marker, kfb, k1, \* p1, k1 \*

**Rows 2, 4, 6, 8, & 10:** p1, \* k1, p1 \*

**Rows 3 & 7:** \* k1, p1 \* until you reach marker, slip marker, (k1, yo, k1) in next stitch, \* p1, k1 \*

**Rows 5 & 9:** \* k1, p1 \* until you reach marker, remove marker, kfb, replace marker, kfb, k1, \* p1, k1 \*

**Knit rows 1 - 10** and then bind off loosely in pattern and tuck in ends.

## Field of Tulips Cowl

By Gretchen Tracy from [Balls to the Walls Knits](#)

Bursting with floral flavor, the Field of Tulips Cowl is a colorful knit cowl pattern you'll love throwing on time after time. The designer of this pattern was inspired by the tulip festival that occurs every year in her home state of Washington. The Field of Tulips Cowl combines two slip stitch patterns that result in a fun, multi-colored design blooming with interest and texture.



### Materials

- Cascade Yarns Sierra (80% Pima Cotton, 20% Merino Wool; 191 yards [175 meters]/100 grams); #03 Vanilla - one skein (color A),
- Cascade Yarns Sierra #21 Royal Blue - one skein (color B),
- Cascade Yarns Sierra #55 Sunset - one skein (color C)
- One 24" circular needle in size 8, one 16" or 20" circular needle, also in size 8
- Tapestry needle
- Three stitch markers

**Gauge:** 18 stitches = 4 inches

Using color A and your 24" needle, cast on 149 stitches, place marker, and join in round. Knit 20, place extra marker, and then knit until you're 20 stitches from the end of the round and place another marker. Knit until the end of the round. And now, let's get right to the pattern, which you'll find below. As you'll notice, you will have fewer stitches on your needle on rows 3 and 9, which you'll add back on rows 4 and 10.

## Instructions:

**Rows 1 & 2:** using color B, \* k2, sl2 (slip 2 with yarn in back); rep from \* until you reach marker; then, slip marker, sl1, and \* k3, sl1 \* until you reach second marker. Slip marker, and \* k2, sl2 \* until the end of the round.

**Row 3:** using color A, knit until you have two stitches before your first marker, k2tog, and slip marker. Then, k1, and \* slip 2 stitches together knitwise-k1-pass slipped stitches over, k1 \* until next marker. Slip marker, ssk, and knit until end of round.

**Row 4:** using color B, \* sl2, k2 \*, ending k1 before marker; then, slip marker, sl1, and \* (k1, yo, k1) into next stitch, sl1 \* until you reach next marker. Slip marker, sl1, \* k2, sl2 \* until you're two stitches before end of round, end k2.

**Row 5:** using color B, \* sl2, k2 \*, ending k1 before marker; then, slip marker, sl1, \* k3, sl1 \* until you reach next marker. Slip marker, sl1, \* k2, sl2 \* until you're two stitches before end of round, end k2.

**Row 6:** using color A, knit until you have two stitches before your first marker, k2tog, and slip marker. Then, knit until next marker. Slip marker, ssk, and knit until end of round.

**Rows 7 & 8:** using color C, \* k2, sl2 \* until you're two stitches before marker, end k2; then, slip marker, sl1, and \* k3, sl1 \* until you reach second marker. Slip marker, sl2, and \* k2, sl2 \* until end of round

**Row 9:** using color A, knit until you have two stitches before your first marker, k2tog, and slip marker. Then, k1, and \* slip 2 stitches together knitwise-k1-pass slipped stitches over, k1 \* until next marker. Slip marker, ssk, and knit until end of round.

**Row 10:** using color C, \* sl2, k2 \*, until you're one stitch before marker, sl1; then, slip marker, sl1, and \* (k1, yo, k1) into next stitch, sl1 \* until you reach next marker. Slip marker, k1, \* sl2, k2 \* until end of round.

**Row 11:** using color C, \* sl2, k2 \*, until you're one stitch before marker, sl1; then, slip marker, sl1, \* k3, sl1 \* until you reach next marker. Slip marker, k1, \* sl2, k2 \* until end of round.

**Row 12:** using color A, knit until you have two stitches before your first marker, k2tog, and slip marker. Then, knit until next marker. Slip marker, ssk, and knit until end of round.

Knit rows 1 - 12 four times, switching to your smaller needle whenever you feel the need. Using color A, bind off loosely and tuck in ends. Block if need be.

## Elegant Night Cowl

By [Cathy Payson for Red Heart](#)

Worked back and forth in rows and entirely reversible, this sequin studded knit cowl pattern is a truly unforgettable knit. The Elegant Night Cowl is an easy way to finish an outfit by adding a touch of glam. This easy knitted cowl pattern doesn't take long to complete, making it the perfect Friday night project. Knit one for a style-conscious friend or accessory-loving fashionista in your life.



### Materials

- RED HEART® Boutique Swanky™: 2 balls 9401 Sterling; medium weight
- Susan Bates® Knitting Needles: 4.5mm [US 7]
- Yarn needle

**Gauge:** 16 sts = 4" (10 cm); 28 rows = 4" (10 cm) in pattern.

### Notes:

1. Cowl measures 30" (76cm) circumference and 11" (28 cm) high.
2. Cowl is worked back and forth in rows. Cast-on edge is sewn to bind-off edge to form tube.
3. Pattern stitch is reversible so sequin paillettes will be seen equally on both sides.

**Instructions:**

Cast on 44 sts.

**Row 1:** Purl.

**Row 2:** K2, \*yarn over, k1; repeat from \* to last 2 sts, k2—84 sts.

**Row 3:** K2, p to last 2 sts, k2.

**Row 4:** K2, \*k2tog; repeat from \* to last 2 sts, k2—44 sts.

**Rows 5 and 6:** K2, \*yarn over, k2tog; repeat from \* to last 2 sts, k2.

**Rows 7 and 8:** Knit.

Repeat last 8 rows until piece measures about 30" (76 cm) from beginning, end with a Row 7.

Bind off loosely.

Sew cast-on edge to bind-off edge.

Weave in ends.

## *How to Knit an Infinity Scarf + 9 Fashionable Cowl Knitting Patterns*



### **Included in this eBook:**

- Infinity Scarf Pattern
- Knit Cowl Pattern
- How To Knit An Infinity Scarf
- Free Knitted Cowl

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