

ESSENTIAL KNITTING SUPPLIES CHECKLIST



Large, straight knitting needles (aluminum or plastic) - US 7 or 9



Yarn, medium worsted weight (make sure to avoid fluffy yarns)



Stitch Markers



Knit Counters (2)



Point Protectors



Measuring Tape

YARN CARE SYMBOLS

Hot Iron		Don't Wash		Washing	
Tumble Dry No Heat		Bleach		Hand Washing	
Line Dry		Non-Chlorine Bleach		Hand Wash Cold	
Line Dry in Shade		Don't Bleach		Washing	
Steam		Air Dry Flat		Chlorine Bleach	
Don't Steam		Drip Dry		Drying	
Dry-Clean		Do Not Dry		Machine Dryer	
Any Solvent		Wring		Tumble Dry Low Heat	
Don't Use Trichloroethylene		Iron and Pressing		Tumble Dry Warm Heat	
Only fluorocarbon		Cool Iron		Tumble Dry High Heat	
Don't Dry Clean		Warm Iron		Machine Wash	
Wet Clean					

BEGINNER'S GUIDE TO KNITTING

ALLFREEKNITTING



KNITTING NEEDLE CONVERSIONS

Metric Size (New Size mm)	U.S. Size	U.K. Size (Old Size)	Japanese Size
1.5	000	-	-
1.75	00	-	-
2.0/2.1	0	14	0
2.25	1	13	-
2.4/2.5	000	-	-
2.7/2.75	2	12	2
3.0	2	11	3
3.25/3.3	3	10	4
3.5/3.6	4	-	5
3.75	5	9	-
3.9/4.0	6	8	6
4.2	-	-	7
4.5	7	7	8
4.8/5.0/5.1	8	6	9/10
5.4/5.5	9	5	11
5.7	-	-	12
6.0/6.3	10	4	13/14
6.5/6.6	10 1/2	3	15
7.0	-	2	7 mm
7.5	-	1	-
8.0	11	0	8 mm
9.0	13	00	9 mm
10.0	15	000	10 mm
12.0	17	-	-
16.0	19	-	-
19.0	35	-	-
25.0	50	-	-

YARN WEIGHTS

Yarn Weight	Yarn Category	Needle Sizes	Ideal Projects
 0 Lace	Lace Fingering 10 Count	000 - 1 (US) 1.5 - 2.25 mm	 Baby Clothes, Socks, & Lace
 1 Superfine	Baby Sock Fingering	1 - 3 (US) 2.25 - 3.25 mm	 Baby Clothes, Socks, & Lace
 2 Fine	Baby Sport	3 - 5 (US) 3.25 - 3.75 mm	 Baby Clothes, Socks, & Lace
 3 Light	Double Knit Light Worsted	5 - 7 (US) 3.75 - 4.5 mm	 Sweaters, Afghans, & Tank Tops
 4 Medium	Afghan Aran Worsted	7 - 9 (US) 4.5 - 5.5 mm	 Sweaters, Afghans, & Accessories
 5 Bulky	Chunky Rugs Craft	9 - 11 (US) 5.5 - 8 mm	 Hats, Scarves, Rugs, & Afghans
 6 Super Bulky	Bulky Roving Lace	11 - 17 (US) 8 - 12.75 mm	 Sweaters, Afghans, & Winter Attire
 7 Jumbo	Jumbo Roving	17+ (US) 12.75 + mm	 Sweaters, Afghans, & Rugs

COMMON KNITTING ABBREVIATIONS

Alt - alternate	Skp - slip, knit, pass stitch over—one stitch decrease
Beg - begin/beginning	Sk2p - slip 1, knit 2 together, pass slip stitch over the knit 2 together—two stitches have been decreased
Bet - between	Sl - slip
BO - bind off	Sl1k - slip 1 knitwise
Cn - cable needles	Sl1p - slip 1 purlwise
CO - cast on	Sl st - slip stitch(es)
Cont - continue	Ssk - slip, slip, knit these 2 stitches together—a decrease
Dec - decrease	Sssk - slip, slip, slip, knit 3 stitches together
Dpn - double pointed needles	St(s) - stitch(es)
Fl - front loops	St st - stockinette stitch
Inc - increase	Tbl - through back loop
K - knit	Tog - together
K2tog - knit 2 stitches together	WS - wrong side
Kwise - knitwise	Wyib - with yarn in back
Lp(s) - loop(s)	Wyif - with yarn in front
M1 - make one stitch	Yfwd - yarn forward
M1 p-st - make one purl stitch	Yo - yarn over
P - purl	Yrn - yarn around needle
Pm - place marker	Yon - yarn over needle
Pop - popcorn	[] or () - work instructions within brackets as many times as directed
P2tog - purl 2 stitches together	* - repeat the instructions following the single asterisk as directed
Pssso - pass slipped stitch over	** - repeat instructions between asterisks as many times as directed or repeat from a given set of instructions
Pwise - purlwise	
Rem - remain/remaining	
Rep - repeat(s)	
Rev St st - reverse stockinette stitch	
Rnd(s) - round(s)	
RS - right side	
Sk - skip	